



Food From the Sky

Bible Verse:

Give thanks to the Lord...for he satisfies the thirsty and fills the hungry with good things.
Psalm 107:8-9



Read the Bible: Exodus 16-17

NOTE: Remember that ALL the stories in the Bible are true – they really happened. Food really DID fall from the sky! Read on to find out what that food was.

(Hint: it was NOT spaghetti!)

The Israelites had been traveling in the desert for many days and they were tired! And their food was running out! And they started complaining!

God heard their complaining and he made an amazing plan to feed and take care of everyone. While the people were sleeping, God caused little white flakes to fall out of the sky. It was NOT snow – it was yummy, sweet food to eat! When the people saw it, they asked Moses what it was. He told them, “This is special bread God has sent you.” The people gathered what they needed for the day and God sent more every morning.

But soon the people had another BIG problem! They were running out of water! But God had a plan for that too. He led Moses to a special rock and told Moses to hit it with his staff..... and water started pouring from the rock! God was watching over the Israelites – just like he watches over YOU!

Was it spaghetti? No – the people called God’s special bread “Manna.”

Let's Talk:

1. What are some things kids complain about?
2. Can you think of things that you really need? How about things that you want, but don't really need.
3. Do you think God loved the Israelites even when they complained? How can you tell?
4. Read the Bible verse again to help you remember to thank God and remember his promise.

Cut and Color:

Give
Thanks

