



Hilltop Battle

Bible

Verse:

Pray in the Spirit on all occasions with all kinds of prayers and requests. Ephesians 6:18

Read the Bible: Exodus 17:8-16

The Israelites were traveling through the desert, and the journey was not always easy, but they were learning that God was always with them, taking care of them.

But then trouble struck! A group of people called the Amalekites came and attacked their camp! Moses called for his helper, Joshua. He told Joshua that he needed him to lead the fight

against the enemy while he went up to the top of the hill to pray.

As the fighting began, Moses held up his hands to God. The Israelites were winning! But after a while, Moses hands grew tired and as his arms lowered, the Amalekites began to win!

Read Exodus 17:11 to find out what happened.

Moses needs help!

Read Exodus 17:12-13 to find out how Moses' brother and friend helped.

Aaron and Hur held up Moses' arms ALL DAY LONG! And together, trusting in God, the Israelites won the battle!

Let's Get Thinking:



1. Read the Bible verse. God wants us to pray to Him in our tough situations, like Moses did. Sometimes we need friends to help us, like Aaron and Hur. And sometimes, we need to BE the friend who helps someone else.
2. Can you think of a time in your life when things were going wrong and you needed help? How did you get the help you needed?
3. Think of a friend or family member who needs help with a problem right now. How might you help that person?

Big Idea:

When tough times come, we can pray for each other and trust God to answer in the best way.



Challenge:

How long can you hold your arms up in the air before they get tired?
How many arm circles can you do before you need to rest?

