

# Hilltop Battle

## Bible Verse:

Pray in the Spirit on all occasions with all kinds of prayers and requests. Ephesians 6:18

## Read the Story: Exodus 17:8-14

The Israelites were traveling through the desert, camping at different places where God was leading them. They were learning that wherever they went, God was taking care of them.

But then trouble struck!!

An army came and attacked them!

Moses spoke to Joshua, "Choose some men to help you fight this enemy army. I will go up to the top of the hill with the staff of God and pray."

As the fighting began, Moses held up his hands to God and Israel began to win the battle. But after a while, Moses arms grew tired, and as the staff fell lower, the enemy began to win!

Moses needed help! Moses' friends found a large stone for Moses to sit on. Then they stood on both sides of Moses and held his arms up until Israel won the battle. Moses, with the help of his friends, kept his hands lifted to God, and kept trusting God to fight for them.



## BIG IDEA

Remember: When tough times come, we can pray for each other and trust God to answer in the best way.



## Let's Get Thinking:



1. Think of a time when you needed help doing something.
2. How did you get the help you needed?
3. How did Moses friends help him?
4. Can you think of someone who needs your help? How can you help them?



## Challenge: Test your strength

Find a place with lots of room to stretch your arms out to the side or up in the air. Move your arms in circles. How many circles can you do before your arms get tired? Moses had to hold his arms up ALL day! You can tell why he needed help from his friends!